Exercise Physiology (B.S.H.S) — Personal Training and Fitness 2024-2025 Academic Catalog, Bachelor of Science in Health Science — Exercise Physiology, Personal Training and Fitness Concentration

PUBLIC SPEAKING COMM 1320 Public Speaking 3 You need 25 additional hours to reach your minimum 120 require MATHEMATICS MATH 1304 Survey of Mathematics 3 Total Hours SOCIAL SCIENCE PSYC 1301 General Psychology 3 Exercise Physiology Health Science Foundation Exercise Physiology Major Personal Training & Fitness Concentration Electives Electives	16
CSBS 1311 Engaging the Old Testament 3 Engaging the New Testament 3 Engagi	3
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HIST 2211 American History to 1877	25
OTAL DOLLS FEGULATION	120
HIST 2312 American History since 1877 3	
POLS 2305 United States Government 3 Additional Graduation Requirements	
POLS 2306 Texas State and Local Government 3 Minimum Upper Level hours	36
Minimum hours taken at LIMHR	30
Minimum Unner Level hours taken at LIMHR	2
JMHB 1101 Freshman Seminar 1 Minimum cumulative GPA	2.0
CHAPEL - 1 to 4 credits	
UMHB 1002 Chapel	
Fine Arts Experience – 2 to 8 credits	
UMHB 1005 Fine Arts Experience	